



Mindset Activities Club

March 2020

Our participants, whether seniors or other adults over 18 years old with disabilities and including all income levels, have an engaging, safe daytime environment that fosters an enhanced sense of self and of community belonging. Our caregivers have the freedom to adjust to their new normal, be productive, and experience less stress.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Mindset Monday</p> <p>10- Volunteer @ ARC, 1- Make Balloon Cards</p>	<p>3 Tech Tuesday Dr. Seuss's Birthday!</p> <p>10- Research Dr. Seuss @ Harmony Library, 1- Redesign A Dr. Seuss Book Cover</p>	<p>4 Wellness Wednesday</p> <p>10- Creative Group w/Sheralyn, 1- Make a Healthy Snack</p>	<p>5 Thriving Thursday</p> <p>10- Brain Games @ EH, 1- Visit Loveland Museum</p>	<p>6 Fun Friday</p> <p>10- Painting W/Shapes, 1- Visit Haunted Game Cafe</p>
<p>9</p> <p>10- Visit PetSmart, 1- Bowling @ Sweetheart Lanes</p>	<p>10</p> <p>10- Design A Cuff Bracelet & Participant Council, 1- Visit Allicar Museum</p>	<p>11</p> <p>10- Create a Healthy Cookbook, 1- Visit Twin Silos Park</p>	<p>12</p> <p>10- Volunteer @ ARC, 1- DIY Animal Bookmarks</p>	<p>13</p> <p>10- Make an Organizer with Jean Pockets, 1- Visit Columbine Gallery</p>

16 National Wildlife Week 10- Volunteer @ ARC, 1- Visit Lee Martinez Farm	17 Saint Patrick's Day* Wear Green! 10- Play Scattergories W/White Boards, 1- Saint Patrick's Day Craft @ ABC	18 10- Walk @ Lake Loveland, 1- DIY Ice Masks	19 10- Find New Crafts and Activities for April @ Council Tree Library, 1- DIY Fabric Cup Sleeve	20 10- Bake Cookies, 1- Deliver Cookies to Homeless Shelter
23 10-3 Visit Terry Bison Ranch	24 10- Make Magazine Paper Purse or Wallet, 1- Decorate Wallet	25 10- Visit Bacon Elementary, 1- Write Your Own Story	26 10- Volunteer @ ARC, 1- Totally 80's Pizza for a Slice of Pizza	27 10- Make Beaded Plants, 1- Visit Global Village Museum
30 10-3 Visit Boulder Museum of Contemporary Art	31 Bring Something to Tie Dye! 10- Open Art Day, 1- Tie Dye			

Much Gratitude to Our Donors and Sponsors

