




















NOVEMBER 2018

Mindset Creative Community Resources is a high-energy program, designed to provide clients with diverse, stimulating activities for both the mind and the body, enhancing the lives of adults with disabilities ages 18 and up.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VETERANS DAY</p> 	<p>Birthstone - Topaz <small>FLOWER OF THE MONTH</small></p>   <p>Chrysanthemum</p> <p><i>Smile!</i></p>	<p>Tongue Twister</p> <p>One-One Was A Racehorse; Two-Two Was One, Too; When One-One Won One Race; Two-Two Won One, Too!</p> 	<p>1 Ntl Authors Day</p> <p>10 – Wreath Making 1 – Music Therapy with Sarah and Jasmine</p> <p>10 – Scrapbooking @ ABC 1 – Wreath Making @ ABC</p> <p>10 – Brain Benders - Learn about Hawaii & craft 1 – Brain Benders - Visit Global Village Museum</p> <p>3 - 5 Train Your Brain - Puzzles and games</p>	<p>2 Ntl Deviled Egg Day</p> <p>10 – Learn about the United Nations @ Library 1 – Snack Creation - Make deviled eggs @ Elderhaus</p> <p>10 – Catapults @ Elderhaus 1 – Music @ DeliWorks</p>  <p>8:30 - 10 – ALT - Open Gym - Journaling AM – ALT - Workout @ Ft. Collins Activity Center PM – ALT - Health and Hygiene @ OT Cottage</p> <p>3 - 5 Karaoke</p> <p>Move your clocks back on Sunday!</p>
<p>5 Volunteer Manager's Day (Emily!)</p> <p>10 – Scarecrow craft @ Library 1 – Music with Heather @ Elderhaus</p> <p>10-3 – Travel Training/Volunteer @ The Arc</p> <p>10 – Dream Dancers – Rehearse for USO Show @ ABC 1 – DD – Thanksgiving crafts & wreaths @ ABC</p> <p>3 - 5 Laughter Club</p>	<p>6 Election Day</p> <p>10 – Creative Expressions with Sam - Sand Scaping 1 – Visit Global Village Museum - Hawaii Exhibit</p>  <p>8:30 - 10 – ALT - Open Gym AM – ALT - Cooking @ Southgate Church PM – ALT - Have a Healthy Holiday @ PR Library</p> <p>10 – Brain Benders - FoCo Activity Center 1 – Brain Benders - Work on calendar & part council</p> <p>3 - 5 Bingo, Sensory Bins</p>	<p>7 Intl Tongue Twister Day</p> <p>10:45 – Meals on Wheels 1 – Participant Council @ Spring Canyon Park</p> <p>10 – Swimming @ Mulberry pool 1 – Participant Council @ Spring Canyon Park</p> <p>10 – Pumpkin pie making @ Elderhaus 1 – Participant Council @ Spring Canyon Park</p> <p>3 - 5 Train Your Brain - Puzzles and games</p>	<p>8 Chaos Never Dies Day</p> <p>10 – Book Club and choose cake pan @ Library 1 – Music Therapy with Sarah and Jasmine</p> <p>10 – Scrapbooking @ ABC 1 – Ladder ball and games @ Elderhaus</p> <p>10 – Brain Benders - Gadgets & Things Kit @ Library 1 – Brain Benders - Experiment with chosen kit</p> <p>3 - 5 Karaoke</p>	<p>9 Berlin Wall Opened, 1989</p> <p>10 – Make Birthday cards and decorate @ Elderhaus 1 – Birthday Party @ Elderhaus</p>  <p>10 – Make Cake for birthday party @ ABC 1 – Birthday Party @ Elderhaus</p> <p>8:30 - 10 – ALT - Open Gym - Journaling AM – ALT - Workout @ Ft. Collins Activity Center PM – ALT - Research hazards of cleaning supplies @ Wal-Mart</p> <p>3 - 5 Show & Share, Journaling, Coloring</p>
<p>12 Veteran's Day Observed</p> <p>10 – Set up for USO Show @ Council Tree Church 1 – USO Show</p> <p>10-3 – Travel Training/Volunteer @ The Arc</p> <p>10 – Dream Dancers – Practice USO Dance 1 – Dream Dancers – USO Show</p>  <p>USO Show at Council Tree Covenant Church</p> <p>3 - 5 Bingo, Sensory Bins</p>	<p>13 World Kindness & Pudding Day</p> <p>10 – Creative Expressions with Sam 1 – FoCo Activity Center</p> <p>8:30 - 10 – ALT - Open Gym AM – ALT - Cooking @ Southgate Church PM – ALT - Nutrition & healthy meal planning</p> <p>10 – Brain Benders - Swimming 1 – Brain Benders - Work on goals</p> <p>3 - 5 Train Your Brain - Puzzles and games</p>	<p>14 Loosen Up, Lighten Up Day</p> <p>10:45 – Meals on Wheels 1 – Salt Dough Leaf Mobile Craft @ OT Cottage</p> <p>10 – Swimming @ Mulberry pool 1 – Woodworking</p> <p>10 – Make Dog treats and cookies @ OT Cottage 1 – Donate treats to Animal House on Taft @ 56</p> <p>3 - 5 Karaoke</p>	<p>15 Great American Smokeout</p> <p>10 – Bible Study @ Timberline Church 1 – Music Therapy with Sarah and Jasmine</p> <p>10 – Pumpkin pie making @ ABC 1 – Scrapbooking @ ABC</p> <p>10 – Brain Benders - Shop for woodworking kits 1 – Brain Benders - Wookworking</p> <p>3 - 5 Show & Share, Journaling, Coloring</p>	<p>16 Ntl Fast Food Day</p> <p>10 – Set up for Thanksgiving Meal 12 -Thanksgiving Meal</p>  <p>10 – Set up for Thanksgiving Meal 12 -Thanksgiving Meal</p> <p>8:30 - 10 – ALT - Open Gym - Journaling AM – ALT - Workout @ Ft. Collins Activity Center Noon – ALT - Thanksgiving Meal</p> <p>Thanksgiving Meal @ Council Tree Covenant Church</p> <p>3 - 5 Laughter Club</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 Geography Awareness Week 10 – Geography Fun! 1 – Facilitate Bingo @ Clare Bridge 10-3 – Travel Training/Volunteer @ The Arc 10 – Dream Dancers – Plan Christmas Dance @ ABC 1 – Dream Dancers – Begin working on holiday dances  3 - 5 Train Your Brain - Puzzles and games	20 Ntl Peanut Butter Fudge Day 10 – Creative Expressions with Sam 1 – Chippers 8:30 - 10 – ALT - Open Gym AM – ALT - Cooking @ Southgate Church PM – ALT - Nutrition & healthy meal planning 10 – Brain Benders - FoCo Activity Center 1 – Brain Benders - Plan for Dance Party 3 - 5 Karaoke	21 Annual World Hello Day 10:45 – Meals on Wheels 1 – Woodworking 10 – Swimming @ Mulberry pool 1 – Wreath Making 10 - Wreath Making 1 - Visit The Farm @ Lee Martinez Park  Greet at least 10 people with a smile today 3 - 5 Show & Share, Journaling, Coloring	22 Closed for Thanksgiving 	23 Closed for Thanksgiving 
26 Ntl Cider and Cake Day 10 – Wreath Making 1 – Coloring the Classics 10-3 – Travel Training/Volunteer @ The Arc 10 – Dream Dancers – Decorate for Christmas 1 – Dream Dancers – Rehearse for Christmas show  3 - 5 Karaoke	27 Giving Day 10 – Creative Expressions with Sam 1 – Dance party and popcorn  8:30 - 10 – ALT - Open Gym AM – ALT - Cooking @ Southgate Church PM – ALT - Nutrition & healthy meal planning 10 – Brain Benders - Swimming 1 – Brain Benders - Dance party and popcorn 3 - 5 Show & Share, Journaling, Coloring	28 Ntl French Toast Day 10:45 – Meals on Wheels 1 – Art with Debbie 10 – Swimming @ Mulberry pool 1 – Art with Debbie 10 - Wreath Making 1 - Visit Ft Collins Museum of Discovery 3 - 5 Laughter Club	29 Ntl Square Dance Day 10 – Book Club @ Old Town Library 1 – Music Therapy with Sarah and Jasmine 10 – Woodworking 1 – Scrapbooking @ ABC 10 – Brain Benders - Countdown to Christmas craft 1 – Brain Benders - Decorate Mindset for Christmas  3 - 5 Bingo, Sensory Bins	30 Michael Jackson's Thriller - 1982 10 – Bread Making for snack time @ ABC 1 – Countdown to Christmas craft 10 – Woodworking 1 – Chippers 8:30 - 10 – ALT - Open Gym - Journaling AM – ALT - Workout @ Ft. Collins Activity Center PM – ALT - Dental Demo - All about those teeth!  3 - 5 Train Your Brain - Puzzles and games

Men's Health Month

SUPPORTING PROSTATE CANCER & MALE MENTAL HEALTH INITIATIVES



MOVEMBER

Knowledge is Power • Moustache is King

Celebrate No Shave November!

Much Gratitude to our Sponsors and Donors



MacKenzie Place

American Baptist Church
A place to connect, think, and serve.

As we express our gratitude,
we must never forget that the highest
appreciation is not to utter words,
but to live by them.

– John F. Kennedy