



## Elderhaus/Mindset Plans to Resume Limited Services Starting Feb. 2, 2021

December 29, 2020

The Board of Directors of Elderhaus voted on December 28, 2020, to move forward with plans for **resuming limited services at Elderhaus/Mindset starting February 2, 2021**, provided that it is legal, safe, and practical to reopen at that time.

The model for our limited reopening builds upon the successful elements of our earlier experiences with “Pod 1” in October-November 2020. While plans are subject to change depending on circumstances, key features of the February 2 reopening currently include:

- Two socially distinct groups, or “pods,” will be formed. Participants will join one of those pods, each consisting of up to eight participants, plus two staff members, with each pod comprising its own separate “social bubble” apart from the other pod. Pod 2 will form if a sufficient number of prospective participants enroll.
- For the time being, services will be provided only two days per week – Tuesdays and Thursdays.
  - ✓ **Pod 1** will meet from 8:30 a.m. to 2:00 p.m. Pod 1 participants must be dropped off between 8:00 and 8:30 a.m., and picked up between 1:30 and 2 p.m.
  - ✓ **Pod 2** will meet from 9:00 a.m. to 2:30 p.m. Pod 2 participants must be dropped off between 8:30 and 9:00 a.m., and picked up between 2:00 and 2:30 p.m.
- For this limited reopening, **participants must meet certain conditions to attend Elderhaus/Mindset:**
  - Participants must be able and willing to wear face masks throughout the day, or have a written medical exemption. Facial coverings will be removed for meals, medication management or similar personal needs.
  - Participants must be able to maintain social distance from other participants at all times.
  - Participants must be free of Covid-19 infection and provide proof of test results or a medical exemption. Testing should be no sooner than two weeks prior to entering Elderhaus facilities.
  - Participants must have a current flu shot (or medical exemption) before entering our facilities.
- Participants/families who wish to apply for Pods 1 or 2 should return the attached enrollment form to Elderhaus as early as possible. In addition to welcoming participants who previously have been active with Elderhaus/Mindset, we will accept applications from new prospective participants who fill out our complete application, which is available on request.

It is our hope that Elderhaus will be able to expand services, including the resumption of some transportation options and availability of services for individuals who find it difficult to tolerate masks, in the next few months as coronavirus vaccinations become widely available. Until then, our most important priority is to do everything in our power to keep participants and their families, as well as our staff, as safe as is possible in the current situation, while resuming limited services in order to benefit participants and to provide vital respite for their families and caregivers.

We are excited to gradually begin the process of reopening in 2021. Please contact me by phone or via email ([tim@elderhaus.org](mailto:tim@elderhaus.org)) if you have questions or would like additional information.

Dr. Tim McLemore, Executive Director