

Elderhaus and Mindset May 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Color Key: Purple: Breakfast Green: Lunch</p> <p>Rolls or bread are served with lunch daily.</p>	<p>Breakfast: Cream of Wheat WW Toast (WGR) Applesauce; Milk</p> <p>Lunch: Ground Beef Taco Lettuce/Tomato Corn/Black Bean Salad Fresh Fruit; Milk</p>		<p>Breakfast: ww English Muffin Peaches; Milk</p> <p>Lunch: BBQ Chicken on Bun Tater Tots Peaches; Milk</p>	
10	11	12	13	14
<p>Whole Grain Rich Servings are at Breakfast Daily.</p> <p>1% unflavored Milk served daily at breakfast and lunch</p>	<p>Breakfast: Oatmeal WW Toast (WGR) Pears; Milk</p> <p>Lunch: Beef Pot Roast Potatoes/Carrots Pears; Roll; Milk</p>		<p>Breakfast: Cold Cereal WW Toast (WGR) Fruit Cocktail; Milk</p> <p>Lunch: Baked Pork Chop Mac-n-Cheese Broccoli Normandy Baked Apples; Milk</p>	
17	18	19	20	21
	<p>Breakfast: WW Pancakes (WGR) Mandarin Oranges Milk</p> <p>Lunch: Spaghetti Side Salad; Garlic Roll Tropical Fruit; Milk</p>		<p>Breakfast: ww English Muffin Fruit Cocktail Milk</p> <p>Lunch: Chicken Enchilada Casserole; Corn Fruit Cocktail; Milk</p>	
24	25	26	27	28
	<p>Breakfast: French Toast (WGR) Tropical Fruit; Milk</p> <p>Lunch: Chef Salad with Turkey/Ham; Roll Tropical Fruit; Milk</p>		<p>Breakfast: Cold Cereal WW Toast (WGR) Pineapple; Milk</p> <p>Lunch: Hamburger/Hot Dog on a bun Baked Beans Potato Salad Watermelon; Milk</p>	

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<p>Color Key: Purple: Breakfast Green: Lunch</p>	<p>100% Whole Grain Servings are at Breakfast Daily.</p> <p>1% unflavored Milk served daily at breakfast and lunch</p>	<p>Rolls or bread are served with lunch daily.</p>		