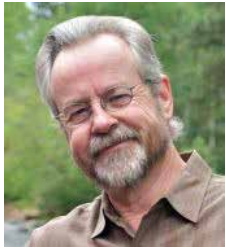# Dementia Not Barrier to Outings with Friends

by Dr. Tim McLemore, Executive Director

Margie likes to recall how she ran a much-loved bakery. At the relatively young age of 82, Margie's mid-stage dementia has not diminished her easy, winning smile, and she is instantly likeable. However, as her health has declined and loved ones passed away, her support system dwindled down to one old friend and the friend's daughter. Since that kind family first welcomed Margie to live in their Loveland home, the level of daytime supervision and care she needs is more than Margie can afford and more than these friends can provide.

Thanks to our program, with costs partially covered by scholarship assistance through our partners at the Larimer County Office on Aging, this delightful woman enjoys social engagement, cognitive stimulation, tasty nutrition, and safe physical activities—including helping fellow participants deliver Meals on Wheels—several days

per week at Elderhaus. The bittersweet grief that the staff sometimes experiences as we witness the toll that dementia takes on this delightful woman is offset by our joy as we witness Margie engaging in crafts, games, and other activities with friends at Elderhaus.

Elderhaus services also make it possible for her friend's daughter to continue her employment instead of remaining at home to ensure Margie remains safe. The fulfillment, contentment, and enrichment Margie continues to experience is a testament to the beauty and resilience of the human spirit when caring persons and organizations come together to invest in a unique and wonderful person who might otherwise have been overlooked and overwhelmed.

Our Mission

The mission of Elderhaus Adult Day Program is to provide holistic and therapeutic daytime care to adults living with dementia or disabilities, in a safe, engaging environment tailored to their needs.

Locally sourced bounty! Staff, friends and participants enjoyed this beautiful produce from the Elderhaus garden, and grapes from our vines after harvesting in September.

THANK YOU!

TO ALL SPONSORS, DONORS, FRIENDS AND GUESTS

6TH ANNUAL ELDERHAUS
RHINESTONE COWBOY ★GALA★
OCTOBER 21, 2022

The Sixth Annual Elderhaus Rhinestone Cowboy Gala was a winner after two stampedes (cancellations), thanks to COVID-19. This was the first such fundraising event since the fifth gala in April 2019, and the nearly 200 guests didn't hesitate to enjoy the festivities, including a catered buffet, auction bidding for tables of donated gifts and gifts certificates, instant keepsake photos, plus dancing to live music from The Osburns Band. This year's Rhinestone Cowboy Gala also featured an inspiring presentation by our first Honorary Chairperson, Yvonne Myers of the Fort Collins Area Chamber of Commerce.

Generous sponsorships, donations and ticket sales helped to raise nearly $44,000 for Elderhaus this year—an all-time record. The importance of this event can't be overemphasized for Elderhaus as a nonprofit organization centered around compassion for caregivers and their loved ones.

The Rhinestone Gala is one of only two major fundraisers that Elderhaus counts on each year. The other opportunity for you to make a difference is right around the corner, with Colorado Gives Day set for December 6, 2022. With heartfelt thanks for all who supported the 2022 Gala, we hope you will find an opportunity to help us complete a challenging year with a strong finish!

MARK YOUR CALENDARS FOR THE 7TH ANNUAL RHINESTONE COWBOY GALA
Friday, Oct. 20, 2023!

GALA GUEST ROUNDUP

Enjoying the Rhinestone Cowboy Gala, from left: Don and Mary Carpenter, Mary and Steven Peck, and Sandy and Jeff Lindberg. Guests were treated to complimentary photos taken with a covered wagon backdrop.

GALA SPONSORS

GOLD RUSH
$2,500+

OTTERCARES

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Poudre Valley REA

Ellis Ranch Inc.

SILVER SPURS
$1,500–$2,499

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uchealth

BRONZE BUCKLE
$1,000–$1,499

B & E Builders
Inc.

GOES
FUNERAL CARE
CARING FOR OUR
COMMUNITY FOR 25 YEARS

WOODWARD

Elderhaus Staff attending included, from left, Danielle Martin, Activities Director; Tim McLemore, Executive Director; Carlos Celino-Ramirez; and Frankie LaSalle, Activities Team/Direct Care.

Elderhaus Board Members Maureen Acton, left, and Joyce DeVaney, right, attended with friends Linda Nolan and Kathy Robbins.

Thank You 2022 Mission Sponsors:

American Baptist Churches
of the Rocky Mountains
Empowered Churches.

SML

Sandy Moren Lindberg RN, FCN

PAC

Pamalyn Allen

American Baptist Church
A place to connect, think, and serve.

It has been an Elderhaus tradition to make a special year-end Challenge for much-needed donations. We also count on your participation in Colorado Gives Day to help us meet our year-end obligations. This year's event is Tuesday, Dec. 6.

In place of a separate mailing in 2022, we are incorporating our challenge appeal into this newsletter. We ask all our friends to make a special gift as part of our annual challenge.

These year-end gifts are **essential** for maintaining the strength of our services and programs! As a nonprofit organization, the important work of Elderhaus is simply not possible without generous support from friends and other private donors. Here's how you can give safely and securely online:

- Go to the Colorado Gives Day website link to Elderhaus: **https://www.coloradogives.org/ ElderhausAdultDayProgram**

- Visit **www.elderhaus.org** and click on the small yellow "donate" button located at the bottom-right of the page.

- Or, simply mail a check to: **Elderhaus, 6813 S. College Ave., Fort Collins, CO 80525**

Beyond Care
Elderhaus
adult day program, inc.

From Our Haus...to Yours

Celebrating 42 years of charitable community service throughout Northern Colorado

info@elderhaus.org

www.elderhaus.org

https://www.facebook. com/Elderhaus

6813 S. College Ave.
Fort Collins, CO 80525
970.221.0406 Office
970.221.9965 Fax

Elderhaus Hours:
Monday through Friday 7:30 a.m. to 4:30 p.m.

zoom *Support Groups*

Elderhaus offers two virtual caregiver support groups weekly:

Mondays: 1 to 3 p.m.
Wednesdays: 9 to 11 a.m.

All community members are welcome to participate at no charge. To join the conversation, please send your email address to caregivers@elderhaus.org. You will be sent an invitation with a link to join the meetings. Even though we can't meet in person for now, we can still offer support to each other.