## **Elderhaus and Mindset April Picnic Menu 2024**

| Monday                  | Tuesday                  | Wednesday                | Thursday               | Friday              |
|-------------------------|--------------------------|--------------------------|------------------------|---------------------|
| 1                       | 2                        | 3                        | 4                      | 5                   |
| Lunch:                  | Lunch:                   | Lunch:                   | Lunch:                 | Lunch:              |
| Cold Cut Sandwich       | Ham and Cheese           | Tuna Salad Sandwich      | BBQ Chicken Roll Up    | Cotto Salami        |
| 3 Bean Salad            | Sandwich                 | Cole Slaw                | Sweet Kale Salad       | Sandwich            |
| Grapes                  | Baked Beans              | ½ Banana                 | Strawberries           | Baked Beans         |
| Milk                    | Milk                     | Milk                     | Milk                   | Apricots            |
| IVIIIX                  | IVIIIK                   | IVIIIK                   | IVIIIK                 | Milk                |
| 8                       | 9                        | 10                       | 11                     | 12                  |
| Lunch:                  | Lunch:                   | Lunch:                   | Lunch:                 | Lunch:              |
| Strawberry Chicken Cobb | Ham Salad Sandwich       | Taco Salad, w/ Ground    | BBQ Pork Sandwich      | Italian Chicken w/  |
| Salad                   | Cucumber Slices w/ Dilly | Beef, Black Beans, Corn, | Pea Salad              | Side Salad w/       |
| Roll                    | Dip                      | and Tortilla Chips       | Tropical Fruit         | Tomatoes            |
| Milk                    | Applesauce               | Apricots                 | Milk                   | Roll                |
| Will                    | Milk                     | Milk                     | Wilk                   | Grapes              |
|                         | IVIIIK                   | IVIIK                    |                        | Milk                |
|                         |                          |                          |                        | IVIIIK              |
| 15                      | 16                       | 17                       | 18                     | 19                  |
| Lunch:                  | Lunch:                   | Lunch:                   | Lunch:                 | Lunch:              |
| Ranch Chicken Sandwich  | Ham and Cheese w/ Roll   | Honey Mustard Pork       | Big Mac Salad w/       | Warm Chicken        |
| Potato Salad            | 3 Bean Salad             | Roll Up                  | Ground Beef on Bed of  | Burrito w/ Black    |
| Fresh Fruit             | Pineapple                | Baby Carrots w/ Dip      | Greens                 | Beans               |
| Milk                    | Milk                     | Pears                    | Roll                   | Fresh Fruit         |
| IVIIK                   | TVIII C                  | Milk                     | Peaches                | Milk                |
|                         |                          | WIIK                     | Milk                   | WIIIK               |
|                         |                          |                          | IVIIIK                 |                     |
| 22                      | 23                       | 24                       | 25                     | 26                  |
| Lunch:                  | Lunch:                   | Lunch:                   | Lunch:                 | Lunch:              |
| Turkey and Cheese w/    | Cheesy Ham Roll up on    | Chicken and Quinoa       | Cold Cut Sandwich      | Beef and Bean       |
| Crackers                | Tortilla                 | Salad                    | Side Salad w/ Tomatoes | Burrito w/ Tortilla |
| Baked Beans             | Potato Salad             | Seasoned Veggies         | ½ Banana               | ½ Banana            |
| Peaches                 | Fresh Fruit              | Applesauce               | Milk                   | Milk                |
| Milk                    | Milk                     | Milk                     |                        |                     |
| 29                      | 30                       | 28                       | 29                     | 30                  |
| Lunch:                  | Lunch:                   | 20                       | 23                     | Rolls or bread are  |
| Roast Beef and Cheese   | Curried Chicken Pasta    |                          |                        | served with lunch   |
| Sandwich                | Sweet Kale Salad         |                          |                        |                     |
| Baked Beans             |                          |                          |                        | daily.              |
|                         | Fresh Fruit              |                          |                        | Whole Grain         |
| Fresh Fruit             | Milk                     |                          |                        | (WGR)               |
| Milk                    |                          |                          |                        | Requirement is      |
|                         |                          |                          |                        | served at Breakfast |
|                         |                          |                          |                        | Daily.              |
|                         |                          |                          |                        | 1% unflavored Milk  |
|                         |                          |                          |                        | served daily at     |
|                         |                          |                          |                        | breakfast and lunch |