Elderhaus and Mindset August 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
-			1	2
Rolls or bread are			Lunch:	Lunch:
served with lunch daily.			Caribbean Chicken Wrap	Big Mac Salad w/
Whole Grain (WGR)			w/ Slaw and Mango	Ground Beef
Requirement is served at			Salsa	Roll
Breakfast Daily.			Black Beans	Fruit Cocktail
1% unflavored Milk			Tropical Fruit	Milk
served daily at breakfast			Milk	
and lunch				
5	6	7	8	9
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Cobb Salad w/ Ham,	Savory Pork and Veggie	Lemony Chicken	Meatloaf Sandwich	Ham and Cheese
Turkey, Egg, Cheese	Wrap	Spinach Salad	3 Bean Salad	Sandwich
Garlic Toast	1/2 Banana	Roll	Fresh Fruit	Potato Salad
Pears	Milk	Apricots	Milk	Fruit Cocktail
Milk	IVIIIK	Milk	IVIIIK	Milk
IVIIIK		IVIIIK		IVIIIK
12	13	14	15	16
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Chicken Club Sandwich	Taco Salad w/ Ground	Crunchy Asian Chicken	Big Mac Salad W/	Turkey and Cheese
Caesar Salad	Beef, Black Beans,	Wrap w/ Slaw and	Ground Beef	Sandwich
Fresh Fruit	Tortilla Chips	Peanut Sauce	Garlic Bread	Potato Salad
Milk	Watermelon	Mandarin Oranges	½ Banana	Mandarin Oranges
	Milk	Milk	Milk	Milk
19	20	21	22	23
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Cajun Chicken Pasta Salad	Beef and Cheddar	Cold Cut Sandwich w/	Chicken Strawberry	BBQ Chicken
Chuck wagon Corn	Sandwich	Ham and Turkey	Spinach Salad w/ Feta	Sandwich
Fresh Fruit	Potato Salad	3 Bean Salad	Roll	Baked Beans
Milk	Fresh Fruit	Fruit Cocktail	Apricots	Watermelon
	Milk	Milk	Milk	Milk
26	27	28	29	30
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Supreme Pizza Pasta	Asian Style Chicken	Cajun Chicken Salad	Big Mac Salad W/	Italian Pasta Salad
Salad w/ Ground Beef,	Salad	Sandwich	Ground Beef	W/ Chicken and
Sausage, Pepperoni, And	Roll	Potato Salad	Garlic Bread	Italian Roasted
Veggies	Mandarin Oranges	Peaches	Tropical Fruit	Veggies
Fresh Fruit	Milk	Milk	Milk	Pears
Milk				Milk
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This institution is an equal opportunity provider.