

# Elderhaus and Mindset December 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p><b>Breakfast:</b> Cold Cereal (variety) WW Toast (WGR) Applesauce, Milk</p> <p><b>Lunch:</b> Taco Salad w/ Ground Beef and Black Beans Tortilla Chips Tropical Fruit Milk</p> <p><b>Snack Creation:</b> Egg Salad Sandwich on Mini Brioche Bun</p>	<p><b>Breakfast:</b> WW French Toast(WGR) Pineapple Milk</p> <p><b>Lunch:</b> Turkey and Gouda Sandwich Potato Soup Peaches Milk</p> <p><b>Snack:</b> Cowboy Caviar &amp; Chips</p>	<p><b>Breakfast:</b> Scrambled Eggs w/ Cheese WW Toast(WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Tator Tot Casserole w/ Ground Beef Broccoli Normandy Fruit Cocktail, Roll Milk</p> <p><b>Snack:</b> Muffin and Milk</p>	<p><b>Breakfast:</b> Cinnamon Banana Pancakes (WGR) Applesauce Milk</p> <p><b>Lunch:</b> Pork Lo Mein Stir Fry Veggies Egg Roll Mandarin Oranges Milk</p> <p><b>Snack Creation:</b> Bean and Cheese Tostada</p>	<p><b>Breakfast:</b> Bacon, Egg, Potato, Cheese Breakfast Burrito on a WW Tortilla (WGR) Cinnamon Apple Slices Milk</p> <p><b>Lunch:</b> Chicken Tortilla Soup Chicken Tamale Pineapple Milk</p> <p><b>Snack:</b> String Cheese and Juice</p>
9	10	11	12	13
<p><b>Breakfast:</b> Scrambled Eggs w/ Cheese WW Toast(WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Chicken Tenders w/ Light Breading Mac and Cheese Brussel Sprouts Roll, Pears Milk</p> <p><b>Snack Creation:</b> Cowboy Caviar &amp; Chips</p>	<p><b>Breakfast:</b> WW French Toast(WGR) Pineapple Milk</p> <p><b>Lunch:</b> Open Faced Pork Sandwich w/ Gravy Mashed Potatoes Peas and Carrots Milk</p> <p><b>Snack:</b> Cottage Cheese and Fruit</p>	<p><b>Breakfast:</b> Cold Cereal (variety) WW Toast (WGR) Applesauce, Milk</p> <p><b>Lunch:</b> Chili Con Carne W/ Ground Beef Corn Bread Baked Apples, Milk</p> <p><b>Snack:</b> Hard Boiled Egg and Crackers</p>	<p><b>Breakfast:</b> Biscuits w/ Sausage Gravy Watermelon Milk</p> <p><b>Lunch:</b> Roast Turkey, Mashed Potatoes, Gravy, Cranberry Sauce Green Bean Casserole Wheat Roll(WGR), Orange, Milk</p> <p><b>Snack Creation:</b> Bean and Cheese Tostada</p>	<p><b>Breakfast:</b> Peach Pancakes (WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Tator Tot Casserole w/ Ground Beef Broccoli Normandy Fruit Cocktail, Roll Milk</p> <p><b>Snack:</b> Yogurt and Fruit</p>
16	17	18	19	20
<p><b>Breakfast:</b> Quiche Lorraine (Spinach and Bacon) WW Toast(WGR) Pears, Milk</p> <p><b>Lunch:</b> Meatloaf w/ Gravy Mashed Potatoes Brussel Sprouts Roll Pears, Milk</p> <p><b>Snack Creation:</b> Carrot Raisin Salad and Crackers</p>	<p><b>Breakfast:</b> Blueberry Pancakes (WGR) Applesauce Milk</p> <p><b>Lunch:</b> BBQ Chicken Sandwich on Bun Baked Beans Baked Apples Milk</p> <p><b>Snack:</b> Cucumber Slices w/ Dip and Grapes</p>	<p><b>Breakfast:</b> Cold Cereal (variety) WW Toast (WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Hot Dog w/ Bun Tator Tots Grapes Milk</p> <p><b>Snack:</b> Meat, Cheese, Cracker Cup</p>	<p><b>Breakfast:</b> WW French Toast(WGR) Pineapple, Milk</p> <p><b>Lunch:</b> Greek Chicken Salad w/ Olives and Feta Marinated Mushroom Salad Roll, Apricots Milk</p> <p><b>Snack Creation:</b> Egg Salad Sandwich on Mini Brioche Bun</p>	<p><b>Breakfast:</b> Hard Boiled Egg WW Toast (WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Pork Green Chili w/ Potatoes Warm Tortilla Apricots Milk</p> <p><b>Snack:</b> Cereal and Dry Fruit Snack Mix</p>
23	24	25	26	27
<p><b>Breakfast:</b> Cold Cereal (variety) WW Toast (WGR) Fresh Fruit Milk</p> <p><b>Lunch:</b> Beef and Bean Burrito Side Salad w/ Tomatoes Tropical Fruit Milk</p> <p><b>Snack Creation:</b> Yogurt and Fruit Parfait</p>	<b>Closed For the Holiday Season</b>	<b>Closed For the Holiday Season</b>	<b>Closed For the Holiday Season</b>	<b>Closed For the Holiday Season</b>
30	31	1	2	
<b>Closed For the Holiday Season</b>	<b>Closed For the Holiday Season</b>	<b>Closed For the Holiday Season</b>	<i>We Will Be Returning January 2nd 2025!</i> <i>Please enjoy your time with family and delicious home cooked meals with loved ones!!</i>	Rolls or bread are served with lunch daily. Whole Grain (WGR) Requirement is served at Breakfast Daily. 1% unflavored Milk served daily at breakfast and lunch