



## Mindset January 2025





Monday	Tuesday	Wednesday	Thursday	Friday
Tionady	l	Vicancoddy	1	2
	*****	Elderhaus and Mindset will be closed December 24th through January 1st for Winter Break We will open January 2nd.  **Winter**  Break**	Frogs 10:00 Creative Art Frogs 1:00 Chilson Center Roosters 10:00 Women's Swim w/Picnic Roosters 1:00 Game Time Dolphins 10:00 Library Day Dolphins 1:00 Creative Writing Gorillas 10:00 Snack Creation Gorillas 1:00 Community Connections Goldfish 10:00 Library Day Goldfish 1:00 Participant Council Wolves 10:00 Multicultural Wolves 1:00 Body in Motion	Frogs 10:00 Colorado Welcome Center Frogs 1:00 Free Choice Roosters 10:00 Library Day Roosters 1:00 Free Choice Dolphins 10:00 Body in Motion Dolphins 1:00 Free Choice Gorillas 10:00 Music & Movement Gorillas 1:00 Free Choice Goldfish 10:00 Creative Arts Goldfish 1:00 Free Choice Wolves 10:00 Snack Creation Wolves 1:00 Free Choice
	6	7	8	9
Frogs 10:00 Interpersonal Relationships Group Frogs 1:00 5 Below Roosters 10:00-Travel Training Roosters 1:00 Creative Art Dolphins 10:00 Shop and Cook Dolphins 1:00 Clean and Meal Plan Gorillas 10:00 Meals on Wheels (MOW) Gorillas 1:00 Dollar Tree Goldfish 10:00 Garden Center Scavenger Hunt Goldfish 1:00 Music & Movement Wolves 10:00 Interpersonal Relationships Group Wolves 1:00 Game Time (Board Games/Puzzles)	Frogs 10:00 Co-Ed Swim w/Picnic Frogs 1:00 Creative Writing Roosters 10:00 Interpersonal Relationships Group Roosters 1:00 Tai Chi w/Bonnie Dotphins 10:00 Off-site Photography Dotphins 1:00 Tai Chi w/Bonnie Gorillas 10:00 5 Below Gorillas 1:00 Tai Chi w/Bonnie Goldfish 10:00 Shop & Cook Goldfish 1:00 Clean & Meal Plan Wolves 10:00 Health & Wellness Wolves 1:00 Spiritual Group	Frogs 10:00 Volunteer at Loveland Habitat ReStore Frogs 1:00 Game Time Roosters 10:00 Shop & Cook Roosters 1:00 Clean & Meal Plan Dolphins 10:00 Meals on Wheels Dolphins 1:00 Participant Council Gorillas 10:00 Garden Center Scavenger Hunt Gorillas 1:00 Creative Art Goldfish 10:00 Creative Writing Goldfish 1:00 5 Below Wolves 10:00 Creative Arts Wolves 1:00 Science Club	Frogs 10:00 Library Day Frogs 1:00 Support Group Roosters 10:00 Women's Swim w/Picnic Roosters 1:00 Game Time Dolphins 10:00 Snack Creation Dolphins 1:00 5 Below Gorillas 10:00 Interpersonal Relationships Group Gorillas 1:00 Community Connections Goldfish 10:00 Interpersonal Relationships Group Goldfish 1:00 The Fish Crew Wolves 10:00 Multicultural Wolves 1:00 Dream Dancers	Frogs 10:00 Garden Center Scavenger Hunt Frogs 1:00 Free Choice Roosters 10:00 5 Below Roosters 1:00 Free Choice Dolphins 10:00 Garden Center Scavenger Hunt Dolphins 1:00 Creative Art Gorillas 10:00 Library Day Gorillas 1:00 Free Choice Goldfish 10:00 Garden Center Scavenger Hunt Goldfish 1:00 Free Choice Wolves 10:00 Snack Creation Wolves 1:00 Free Choice
	13	14 1	15	16
Frogs 10:00 Choose Your Own Adventure Read Aloud Frogs 1:00 Visit Lopez Elementary Roosters 10:00 Travel Training Roosters 1:00 Creative Writing Dolphins 10:00 Shop and Cook Dolphins 1:00 Clean and Meal Plan Gorillas 10:00 Meals on Wheels and Picnic (MOW) Gorillas 1:00 Game Room Goldfish 10:00 Off-site Photography Goldfish 1:00 Crafter's Corner Wolves 10:00 Random Acts of Kindness Wolves 1:00 Game Time (Board Games/Puzzles)	Frogs 10:00 Co-Ed Swim w/ Picnic Frogs 1:00 Creative Art Roosters 10:00 Sound Affects Concert Roosters 1:00 Music & Movement Dolphins 1:00 Sound Affects Concert Dolphins 1:00 Health and Wellness Gorillas 10:00 Sound Affects Concert Gorillas 1:00 Barne's & Noble Goldfish 10:00 Sound Affects Concert Goldfish 1:00 Avenir Museum Wolves 10:00 Sound Affects Concert Wolves 1:00 Spiritual Group	Frogs 10:00 Volunteer at Loveland Habitat ReStore Frogs 1:00 Game Time Roosters 10:00 Shop and Cook Roosters 1:00 Clean and Meal Plan Dolphins 10:00 Barne's & Noble Dolphins 1:00 Crafter's Corner Gorillas 10:00 Crafter's Corner Gorillas 1:00 Avenir Museum Goldfish 10:00 Music & Movement Goldfish 1:00 Barne's & Noble Wolves 10:00 Creative Arts Wolves 1:00 Science Club	Frogs 10:00 Snack Creation Frogs 1:00 Barne's & Noble Roosters 10:00 - Women's Swim w/Picnic Roosters 1:00 Game Time Dolphins 10:00 Library Day Dolphins 1:00 Support Group Gorillas 10:00 Support Group Gorillas 1:00 Community Connections Goldfish 10:00 Library Day Goldfish 1:00 Support Group Wolves 10:00 Multicultural Wolves 1:00 Body in Motion	Frogs 10:00 Avenir Museum (11:00) Frogs 1:00 Free Choice Roosters 1:00 Free Choice Roosters 1:00 Free Choice Dolphins 10:00 Loveland Museum Dolphins 1:00 Free Choice Gorillas 10:00 Music & Movement Gorillas 1:00 Free Choice Goldfish 10:00 Science Club Goldfish 1:00 Chipper's Bowling Wolves 10:00 Snack Creation Wolves 1:00 Free Choice



Monday	Tuesday	Wednesday	Thursday	Friday
	20	21	22	23
Frogs 10:00 Library Day	Frogs 10:00 Co-Ed Swim w/ Picnic	Frogs 10:00 Volunteer at Loveland Habitat ReStore	Frogs 10:00 Foothills Activity Center	Frogs 10:00 Copoco's Honey
Frogs 1:00 Support Group	Frogs 1:00 Creative Writing	Frogs 1:00 Game Time	Frogs 1:00 Health & Wellness	Frogs 1:00 Free Choice
Roosters 10:00 Travel Trainuing	Roosters 10:00 Dance Express	Roosters 10:00 Shop and Cook	Roosters 10:00 - Women's Swim w/Picnic	Roosters 10:00 Chilson Center
Roosters 1:00 Creative Art	Roosters 1:00 Science Club	Roosters 1:00 Clean and Meal Plan	Roosters 1:00 Tai Chi w/Bonnie	Roosters 10:00 Free Choice
<b>Dolphins</b> 10:00 Shop and Cook	<b>Dolphins</b> 10:00 Off-site Photography	Dolphins 10:00 Chilson Center	Dolphins 10:00 Copoco's Honey	<b>Dolphins</b> 10:00 Foothills Activity Center
Dolphins 1:00 Clean and Meal Plan	Dolphins 1:00 Computers	Dolphins 1:00 Body in Motion	<b>Dolphins</b> 1:00 Tai Chi w/Bonnie	<b>Dolphins</b> 1:00 Free Choice
Gorillas 10:00 Meals on Wheels and Picnic (MOW)	Gorillas 10:00 Dance Express	Gorillas 10:00 Foothills Activity Center	Gorillas 10:00 Copoco's Honey	Gorillas 10:00 Library Day
Gorillas 1:00 Participant Council	Gorillas 1:00 Chipper's Bowling	Gorillas 1:00 Creative Art	Gorillas 1:00 Tai Chi w/Bonnie	Gorillas 1:00 Free Choice
Goldfish 10:00 Copoco's Honey	Goldfish 10:00 Shop & Cook	Goldfish 10:00 Meals on Wheels	Goldfish 10:00 Snack Creation	Goldfish 10:00 Foothills Activity Center
Goldfish 1:00 Choose Your Own Adventure Read Aloud	Goldfish 1:00 Clean & Meal Plan	Goldfish 1:00 Participant Council	Goldfish 1:00 Tai Chi w/Bonnie	Goldfish 1:00 Free Choice
Wolves 10:00 Random Acts of Kindness	Wolves 10:00 Participant Council	Wolves 10:00 Creative Arts	Wolves 10:00 Multicultural	Wolves 10:00 Snack Creation
Wolves 1:00 Game Time (Board Games/Puzzles)	Wolves 1:00 Bible Study	Wolves 1:00 Science Club	Wolves 1:00 Tai Chi w/Bonnie	Wolves 1:00 Free Choice
	27	28	29	30 3:
Frogs 10:00 Crafter's Corner	Frogs 10:00 Co-Ed Swim w/ Picnic	Frogs 10:00 Volunteer at Loveland Habitat ReStore	Frogs 10:00 Billiards @ Senior Center	Frogs 10:00 Movie and Popcorn
Frogs 1:00 Chipper's Bowling	Frogs 1:00 Creative Art	Frogs 1:00 Bingo	Frogs 1:00 Game Time	Frogs 1:00 Free Choice/Birthday Party
Roosters 10:00 Travel Training	Roosters 10:00 Sound Affects Concert	Roosters 10:00 Shop and Cook	Roosters 10:00 - Women's Swim w/Picnic	Roosters 10:00 Movie and Popcorn
Roosters 1:00 Creative Writing	Roosters 1:00 Chipper's Bowling	Roosters 1:00 Clean and Meal Plan	Roosters 1:00 Science Club	Roosters 1:00 Free Choice/Birthday Party
<b>Dolphins</b> 10:00 Shop and Cook	<b>Dolphins</b> 10:00 Sound Affects Concert	<b>Dolphins</b> 10:00 Billiards @ Senior Center	<b>Dolphin</b> s 10:00- Library Day	<b>Dolphins</b> 10:00 Movie and Popcorn
Dolphins 1:00 Clean and Meal Plan	<b>Dolphins</b> 1:00 Computers	<b>Dolphins</b> 1:00 Chipper's Bowling	<b>Dolphins</b> 1:00 Creative Writing	<b>Dolphins</b> 1:00 Free Choice/Birthday Party
Gorillas 10:00 Meals on Wheels and Picnic (MOW)	Gorillas 10:00 Sound Affects Concert	Gorillas 10:00 Chilson Center	Gorillas 10:00 Snack Creation	Gorillas 10:00 Movie and Popcorn
Gorillas 1:00 Game Room	Gorillas 1:00 Billiard's @ Senior Center	Gorillas 1:00 Bingo	Gorillas 1:00 Community Connections	Gorillas 1:00 Free Choice/Birthday Party
Goldfish 10:00 Off-site Photography	Goldfish Shop & Cook	Goldfish 10:00 Game Room	Goldfish 10:00 Library Day	Goldfish 10:00 Movie & Popcorn
Goldfish 1:00 Computers	Goldfish Clean & Meal Plan	Goldfish 1:00 Billiards @ Senior Center	Goldfish 1:00 Support Group	Goldfish 1:00 Free Choice/ Birthday Party
Wolves 10:00 Random Acts of Kindness	Wolves 10:00 Sound Affects Concert	Wolves 10:00 Creative Arts	Wolves 10:00 Multicultural	Wolves 10:00 Movie and Popcorn
Wolves 1:00 Game Time (Board Games/Puzzles)	Wolves 1:00 Bible Study	Wolves 1:00 Bingo	Wolves 1:00 Dream Dancers	Wolves 1:00 Free Choice/Birthday Party
		*Activities highlighted in light green		



Green: Frogs
Red: Roosters
Blue: Dolphins
Purple: Gorillas

**Gray: Wolves In-House Group** 

\*Activities highlighted in light green are outings in which participants can bring money from home to spend. Please note that there is a \$20 spending limit for each participant.



