












January



2023



Our participants, whether seniors or other adults over 18 years old with disabilities and including all income levels, have an engaging, safe daytime environment that fosters an enhanced sense of self and of community belonging. Our caregivers have the freedom to adjust to their new normal, be productive, and experience less stress.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Mac: 10-Games @ ABC 1-Chipper's Bowling SLC: 10-Newspaper Polar Bear 1-New Year's Resolutions & Time Capsule MCCR: 10-Flying Saucer Craft 1-DIY Robot Hand "National Science Fiction Day"</p> 	<p>3 Mac: 10-Clay Snowman 1-Bible Study SLC: 10- Lego Sustainability @ Garbage Garage 1-Paper Roll Snowflake MCCR: 10-Newspaper Polar Bear 1-Sensory Board</p>	<p>4 Mac: 10- Lego Sustainability @ Garbage Garage 1- Snowman Windsock SLC: 10-Shop & Cook 1-Clean & Meal Plan MCCR: 10-Winter Tree Painting 1-Science Club</p>	<p>5 Mac:10- Basketball @ Northside Center 1-Make Therapy Putty SLC: 10-Melted Snowman Craft 1- Clothespin Snowflakes MCCR:10-Multicultural Angola: Muamba de Galinha 1-African Mask</p>	<p>6 Mac:10-Snowy Owl Pom-Pom Painting 1-Spare Sock Snowman SLC:10-Northern Lights Art 1-No Sew Sock Animal MCCR: 10-Salt Painting 1- Sock Octopus Silly Sock Day</p> 
<p>9 Mac:10-Games @ ABC 1- Yarn Wrapped Snowman SLC: 10-Vern's 1- Shut the Box Game MCCR:10-Police Officer Appreciation Goodie Bags 1- Drop Bags off to Officers "National Law Enforcement Appreciation Day"</p> 	<p>10 Mac: 10-Drum Circle 1- Bible Study SLC: 10-Canvas Painting 1- Paper Snowflake Spinner MCCR:10-Make Musical Instruments 1-Winter Watercolor</p>	<p>11 Mac: 10-Meals on Wheels 1-Blizzard in a Bottle SLC: 10-Shop & Cook 1-Clean & Meal Plan MCCR:10-Button Snowflakes 1- Science Club</p>	<p>12 Mac: 10-Exercise Downstairs 1-Music Trivia SLC:10-Multicultural Cayman Islands:Facts, Cayman Fish Aquarium 1- Tropical Island Fruit MCCR:10-Explore @ Nature's Own Imagination 1- "What am I?" Game</p>	<p>13 Mac: 10-Duck Magnets 1-Movie & Popcorn SLC:10-Pasta Art 1-Movie & Popcorn MCCR: 10-Craft Stick Box 1-Movie & Popcorn</p>  <p>Pajama Day!</p>
<p>16 Mac: 10-Games @ ABC 1- Glue Painting SLC:10-Paper Plate Snowman 1-Herbal Soapmaking MCCR:10- MLK Facts & Color by Number 1-Watercolor Painting "Dr. Martin Luther King Jr. Day"</p> 	<p>17 Mac: 10-Dried Flower Medallion 1-Bible Study SLC: 10-Loveland Museum 1-Music & Movement Activity MCCR: 10-Bowling @ Elderhaus 1-Stamps & Stencil Art</p>	<p>18 Mac: 10-Benson Sculpture Park In Bus Scavenger Hunt, & Park Facts 1-Vern's SLC: 10-Shop & Cook 1-Clean & Meal Plan MCCR: 10-Make Window Clings 1-Science Club</p>	<p>19 Mac: 10-No Sew Pillows 1-Make a Basket Kerplunk Game SLC: 10-Explore @ Scheels 1-Picture Frames MCCR: 10-Multicultural Paraguay:Facts, Sopa Paraguaya 1- Paraguayan Art & Music</p>	<p>20 Mac: 10-Driving Scavenger Hunt: "Art in Public Places" 1- Bingo SLC:10-Mini Yarn Hats 1- Bingo MCCR:10-DIY Snowman Hat 1- Bingo Crazy Hat Day!</p> 
<p>23 Mac: 10-Games @ ABC 1-Riddles & Word Puzzles SLC:10-Winter Process Art 1-Heads Up! Game MCCR:10-Make a Cherry Pie 1-String Painting "National Pie Day"</p> 	<p>24 Mac: 10-Plastic Bottle Penguins 1-Bible Study SLC: 10-Ice Painting 1-4 Strand Beaded Bracelets MCCR: 10-Sensory Bag Maze 1-Snowman Maracas</p>	<p>25 Mac: 10-Felt Bird Bookmarks 1-Participant Council SLC: 10-Shop & Cook 1-Clean & Meal Plan MCCR: 10-Meals on Wheels 1-Science Club</p>	<p>26 Mac: 10-Multicultural Ecuador: Facts, Vulture Art 1-Ecuadorian Ceviche SLC: 10-Micrologies Exhibit @ CSU Museum of Art 1-DIY Comic Pages MCCR:10-New Sew Pillows 1- Abstract Canvas Painting</p>	<p>27 Mac: 10-Craft Stick Boat 1-Birthday Party SLC:10-Window Art 1- Birthday Party MCCR:10-Spoons! Card Game 1-Birthday Party Birthday Party!</p> 
<p>30 Mac: 10-Games @ ABC 1- Clothespin Puppet SLC:10-Popup Penguins 1- Plastic Bottle Snowman MCCR:10-Make Holiday Candy 1-Bubble Wrap Glitter Painting "National Bubble Wrap Day"</p> 	<p>31 Mac: 10-Egg Carton Animals 1-Bible Study SLC: 10-Winter Diorama 1-Chipper's Bowling MCCR: 10-Snow Slime 1-Sensory Bottles</p>			