



# Activities Newsletter

## May 2023



### Elderhaus Garden:

Spring is in full bloom and so are our garden starters. This year we will have a variety of fruit and vegetables that will be carefully tended by participants in Horticulture Groups!



### Fishing Licenses:

Do you love to fish? In order to participate in our all-day fishing groups, you must have a fishing license. Please bring in a copy of your license or if you need to apply for one please let us know.

### Sound Affects Concert Dates:

5/9/23- Meg Rice Trio

5/23/23- Jon Wirtz



### Featured Artists:

Each month we are celebrating a famous artist. We will learn about their contributions to the art world and recreate examples of their work! May's featured artist is Frida Kahlo.



May is filled with wonderful things to celebrate!



We will celebrate Cinco De Mayo Friday, May 5<sup>th</sup> @ 1:00PM



Happy Mother's Day to all our moms! Please join us for our Mother's Day Tea Party Friday May 12<sup>th</sup> @ 1:00. Tea and treats will be served. Please RSVP to Danielle @ 970-221-0406 no later than May 5<sup>th</sup>.



### Memorial Day

Please join us for our annual Memorial Day BBQ Thursday May 25<sup>th</sup> @ 12:00pm A BBQ lunch will be served. Please RSVP to Danielle @ 970-221-0406 No later than 5/19

\*Elderhaus & Mindset will be closed in observance of Memorial Day Monday May 29<sup>th</sup>

\*\*A special thank you to all who attended the Spring Ring 1980's Party! What a blast from the Past!



### Birthday Celebrations

On the last Friday of each month, we celebrate all the birthdays for that month. A special treat is served, and we sing, dance, and play games. Please be sure to let us know if your birthday is coming up!

*Please Note:* We try our very best to do what is planned on the calendars. Sometimes the weather or other circumstances present the need for adjustments. Thank you for your patience and understanding. Notices about inclement weather closures are posted on our Facebook page and voicemail no later than 6:30 a.m. on the day of closure.

### Memories in the Making

M.I.M watercolor painting will be scheduled for the 2<sup>nd</sup> and 4<sup>th</sup> weeks of the month. This is a program exclusive to our dementia clients.

