

Elderhaus and Mindset May 2023 Picnic Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Lunch: <i>Italian Chicken Roll-Up Cucumber/Tomato Grapes; Milk</i>	Lunch: <i>Ham/Cheese Sand. 3-Bean Salad ½ Banana; Milk</i>		Lunch: <i>Turkey Salad Sand. Green Leaf Salad Oranges; Milk (swimming)</i>	
8	9	10	11	12
Lunch: <i>Ham Salad Sandwich Baked Beans Mandarin Oranges Milk</i>	Lunch: <i>Turkey/Cheese Sand. Pea Salad ½ Banana; Milk</i>		Lunch: <i>Taco Salad (Gr. Beef, cheese, lettuce, and tomato) Tortilla Corn Chips Apple Slices, Milk (swimming)</i>	
15	16	17	18	19
Lunch: <i>Philly Beef Roll-Up (In flour tortilla) Leafy Green Salad Oranges; Milk</i>	Lunch: <i>Meatloaf Sandwich Baked Beans Grapes; Milk</i>		Lunch: <i>Italian Chicken Roll-Up inside flour tortilla Leafy Green Salad ½ Banana; Milk (swimming)</i>	
22	23	24	25	26
Lunch: <i>Cold Cut Sandwich (turkey, ham, cheese) Baked Bean ½ Banana; Milk</i>	Lunch: <i>Chinese Chicken Salad (chicken, cabbage, carrots, ramen noodles) Roll Mandarin Oranges Milk</i>		Lunch: <i>Ham Salad Sandwich 3-Bean Salad Grapes; Milk (swimming)</i>	Lunch: <i>Taco Salad (Gr. Beef, cheese, lettuce, and tomato) Corn Tortilla Chips Apple Slices, Milk</i>
29	30	31		
Closed	Lunch: <i>Turkey/Cheese Sand. Pea Salad ½ Banana; Milk</i>		Rolls or bread are served with lunch daily. Whole Grain (WGR) Requirement is served at Breakfast Daily.	1% unflavored Milk served daily at breakfast and lunch

This institution is an equal opportunity provider.