

Elderhaus and Mindset November Picnic Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<p>Rolls or bread are served with lunch daily.</p> <p>Whole Grain (WGR) Requirement is served at Breakfast Daily.</p> <p>1% unflavored Milk served daily at breakfast and lunch</p>		<p>Lunch: Italian Chicken Roll Up on Tortilla Broccoli Grape Salad Fresh Fruit Milk</p>	<p>Lunch: <i>Taco Salad with Tortilla Chips, Ground Beef, Lettuce, Tomato, and Black Beans</i> <i>Pineapple</i> <i>Milk</i></p>	<p>Lunch: Ham Salad Sandwich Pea Salad ½ Banana Milk</p>
6	7	8	9	10
<p>Lunch: <i>Big Mac Salad with Ground Beef Roll</i> <i>Fresh Fruit</i> <i>Milk</i></p>	<p>Lunch: <i>Curry Chicken Sandwich</i> <i>Broccoli Normandy Seasoned Salad</i> <i>½ Banana</i> <i>Milk</i></p>	<p>Lunch: <i>Cotto Salami and Cheese Sandwich</i> <i>3 Bean Salad</i> <i>½ Orange</i> <i>Milk</i></p>	<p>Lunch: <i>Uso Show Dinner</i> <i>Stuffed Bell Pepper Soup w/ Ground Beef and Rice</i> <i>Side Salad</i> <i>Roll</i> <i>Fresh Fruit</i> <i>Milk</i></p>	<p>Lunch: <i>Southwestern Style Turkey Rollup on Tortilla</i> <i>Carrot/Celery Sticks</i> <i>Grapes; Milk</i></p>
13	14	15	16	17
<p>Lunch: <i>Ham and Swiss Sandwich</i> <i>Potato Salad</i> <i>Apple Slices</i> <i>Milk</i></p>	<p>Lunch: <i>Chicken Pasta Salad with Zucchini, Onion, Bell Pepper, Broccoli</i> <i>Fresh Fruit</i> <i>Milk</i></p>	<p>Lunch: <i>BBQ Chicken Roll up on Tortilla</i> <i>Baked Beans</i> <i>1½ Banana</i> <i>Milk</i></p>	<p>Lunch: <i>Thanksgiving Dinner</i> <i>Turkey, Mashed Potatoes, Gravy, Stuffing, Green Bean Casserole, Yams, Roll, Relish Tray, Pumpkin Pie, Milk, Banana</i></p>	<p>Lunch: <i>Thai Salad w/ Ground Beef</i> <i>Roll</i> <i>Mandarin Oranges</i> <i>Milk</i></p>
20	21	22	23	24
<p>Lunch: <i>Turkey/Cheese Sandwich</i> <i>Pea Salad</i> <i>½ Orange</i> <i>Milk</i></p>	<p>Lunch: <i>Meatloaf Sandwich</i> <i>Baked Beans</i> <i>Apple Slices</i> <i>Milk</i></p>	<p>Lunch: <i>Italian Sub Sandwich w/ Pepperoni, Ham, and Cotto Salami</i> <i>Side Salad w/ Cucumbers</i> <i>½ Banana</i> <i>Milk</i></p>	<p><i>Closed For Thanksgiving</i></p>	<p><i>Closed For Thanksgiving</i></p>
26	27	28	29	30
<p>Lunch: <i>Cold Cut Sandwich w/ Ham and Turkey</i> <i>3 Bean Salad</i> <i>½ Banana</i> <i>Milk</i></p>	<p>Lunch: <i>Roast Beef Po Boy Sandwich on Hoagie</i> <i>Roll</i> <i>Cajun Cole Slaw</i> <i>½ Orange</i> <i>Milk</i></p>	<p>Lunch: <i>German Pork Sandwich w/ Pickled Red Cabbage</i> <i>Dill Potato Salad</i> <i>Apple Slices</i> <i>Milk</i></p>	<p>Lunch: <i>Roast Beef and Cheddar Sandwich</i> <i>Cucumber Slices</i> <i>Fresh Fruit</i> <i>Milk</i></p>	<p>Lunch: <i>BBQ Chicken Roll up</i> <i>Baked Beans</i> <i>1½ Banana</i> <i>Mil</i></p>

This institution is an equal opportunity provider.